



*Join The Bridge Community as we step out in faith
for the future with the 2010 challenge!*

What's the Challenge?

36 hours / 21 days / 36 weeks STARTING SUNDAY JANUARY 10, 2010!

36 hours This first 36 hours is a detox of all fearful, anxious and negative thoughts. It is 36 hours to reset your direction by only thinking and speaking things that are in agreement with God's dream over your life. In these 36 hours we'll focus on the promises of God instead of complaining about the problems. (See special verses for this time, but write out your own that God gives you for your specific circumstances.)

21 days They say it takes 21 days to form new habits. The next 21 days is a focused fast* and time of prayer. (You can choose to do a different fast each week) We believe for God to speak to us about his dreams over our life and to reshape our heart and change mindsets; willingly stirring our faith to believe for more. During this process keep a journal about what God is speaking to you and write out what He places on your heart to believe for in 2010. Write out your "Declaration of Faith" and pray it out loud. We will focus praying and believing the Apostle Paul's prayer in Ephesians 1:17-20, but a 21 day verse guide is also provided. Ends January 31, 2001.

36 weeks In the next 9 months continue to walk in your new revelation and healthy habits formed from the 21 days. Look at your list of goals or what you're believing God for in 2010 and make an "Action Plan" of practical steps to see your dream come true. Find someone to hold you accountable to your goals and keep a weekly journal of your progress. Read and mediate on the weekly verse provided. Ends September 19, 2010.

As we take the 2010 Challenge, The Bridge is "entering in" to all God has for us in 2010!

* Please consult your physician before doing a food fast, and make sure you have plenty of water.

I set my faith to participate in the 2010 Challenge:

Signed _____ Date _____ Witness _____